



COIL BOOK BINDING

Can be done by machine or manual.

Manual binding is very easy...

1. Insert the coil into the first few holes of the punched edge of paper. The coil can then be easily spun between your fingers to complete.

2. Cut and crimp both coil ends. It can be done most easily using the cutter-crimper tool, both cutting and crimping with one action. Otherwise use scissors, and possibly needle-nose pliers to crimp.

Machine: The advantage of the machine is spinning the coil through all the holes.

CUTTER-CRIMPER: Recommended for easier, faster binding.

Plastic Spiral Binding is also known as Coil Binding.

Some benefits of coil binding are:

- Easy-to use. Coil binding is like a slinky, twirling and binding your punched sheets into a book. An Electric coil inserter speedily binds books up to about 150 sheets
- Pages won't pull or fall apart. The 44 loops of coil hold your document securely.
- Coil bindings don't distort, crack, chip or have sharp edges to scratch or snag.
- Coil bindings are great for documents that will be sent through the mail. Coil Bound books are flexible and can withstand getting thrown around.
- Coil binding supplies are available in a wide range of colors. There are dozens of basic coil binding colors.
- Coil Bound books lay flat when opened.
- Books bound with coil bindings will fold back a full 360 degrees; Coil bound books swivel freely - letting you flip pages all the way around the binding coils.

